

Dhamma School Lesson – Buddhism

The Story of Sama

Once upon a time, in a deep, green forest, there lived a kind boy named Sama. Sama was very special. His mother and father were blind, so he was their eyes.

Every day, Sama would wake up with the sun. He would find sweet fruits for his parents to eat and collect clean, fresh water from the river. He was always happy to help them. He would say, "I am so happy to be your son, and I am so happy to take care of you."

One day, while Sama was collecting water, a hunter came to the river. Once, the king of Benaras, went for hunting. As he heard a sound, he shot an arrow towards the trees. But



he did not see Sama in the trees. He heard a sound. The arrow hit Sama, and Sama fell to the ground.

When the king saw what he had done, he was filled with sadness. He cried, "Oh no! I have hurt a good boy!"

Sama, even though he was hurt, did not get angry. He spoke softly and said, "I am not afraid to die. My only sadness is that my blind mother and father will have no one to care for them. Who will be their eyes now?"

The King was so moved by Sama's kindness that he cried even more. He knew he had to help. He promised Sama he would take care of his parents.

The hunter went to Sama's parents and told them the sad story. Sama's mother and father cried, but they were also so proud of their kind son. They told the hunter, "Our son was so good. If he had no bad thoughts and was always pure, then may the truth heal him."

As soon as they said these pure words, a miracle happened! The arrow fell out of Sama's body, and he was healed. His mother and father could also see again! They were all so happy and grateful. The king, who had done a bad thing, was so changed by Sama's kindness that he promised to never hurt anyone again.

And so, Sama's great kindness and pure heart saved not only himself but also his parents and even the king.

What lesson do you think we can learn from this story?

Activity:

1. Discuss why should we be kind to others.
2. What were sama's qualities?