



SHEFFIELD DHAMMA SCHOOL

Level 1 Assessment – Preparation Guide

All students will be assessed under the topics below. Please have a look at the questions/lessons and practice for answers. The assessment will be held for all children in Level 1. Parents may need to guide their children and prepare for the test.

Written Test- Buddhism

Topics covered in 2024

1) Triple Gem:

- What are Triple Gems?
- Write them in order.

2) Some good habits and bad habits: Understand whether the acts below good or bad actions/habits are.

- Attending dhamma school (Good)
- Getting angry (Bad)
- Speaking rude
- Being jealous
- Being generous
- Respecting teachers and parents
- Shouting at the temple.
- Telling lies
- Taking advice from parents

3) Five Precepts and their meanings:

Matching the precepts with the meaning.

- What do they mean?
 - I will not kill any living being.
 - I will not Steal.
 - I will lead a righteous life.
 - I will not lie & will be truthful.
 - I will not take substances that may cloud my mind or harm my body.

1.	Panathipatha veramani Sikhapadan samadi yami
2.	Adinnadana veramani Sikhapadan samadi yami
3.	Mussawada veramani Sikhapadan samadi yami

I will not Steal.
I will not kill any living being.
I will not lie & will be truthful.

4) Story of Mattakundali: Students should be able to recall the story of Mattakundali and his life.

- His father's name and how he lived.
- What happened to Mattakundali.
- What did he see before he died.
- Meaning of the stanza "Mano Pubbangama Dhamma"
- Some Bad qualities of his Father.

5) Vesak poya

- The Birth, the Enlightenment and the passing away of Lordy Buddha
- Occurs in the month of May.
- It is a full moon poya day.
- We decorate our houses, temples & roads with Buddhist flags & lanterns.
- People go to the temple, observe Sil and hold 'Dansal' (giving food & drink to people)

6) Two Poya days when we celebrate Buddhist festivals.

7) Story of Dhammika Upasaka.

- Number of stanzas in the Dhammapada book.
- Who was Dhammika upasaka.
- Where did he reborn after he died and the name of the place.

8) Good Buddhist Child

- Qualities of a good Buddhist child.
 - a) Worships Mother & Father
 - b) Always generous
 - c) Does not get angry
 - d) Forgives for mistakes
 - e) Respects the Triple Gem
 - f) Has good friends
 - g) Listens to teachers and parents

Written Test- Sinhala Assessment:

Guidance to be used for Sinhala test:

1. Speak a few words about own self.
 - a. Response should include full sentences
 - b. Say Name and age
 - c. School and study
 - d. Siblings
2. Sinhala cultural words for Monk's activities.
 - a. Eat
 - b. Go
 - c. Sleep
 - d. Sit
3. Sinhala verbs: 5 Sinhala verbs
 - e. Some simple verbs in Sinhala
 - f. Will be asked to write down five verbs in Sinhala.
 - g. Writing can be done in English alphabets.